The Fourth Sunday of the Fast: Saint John of the Ladder

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro \( \frac{\text{M}_{\frac{130}{\text{M}}}}{\text{M}} \)

With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundred-fold in labours; and thou becamest a luminar-

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y, shining with miracles upon the world,

O John our righteous Father. Intercede with

Christ God that our souls be saved.
As ever-blooming fruits, thou dost offer the teachings of thy God-given book, O wise John,

thou most blessed, while sweetening the hearts of all

them that heed it with vigilance; for it
is a ladder from the earth unto Heaven

that conferreth glory on the souls that ascend it and honour thee faithfully.

SAINT JOHN OF THE LADDER